

## DOCUMENTATION CENTER OF CAMBODIA (DC-CAM)

## **PUBLIC SPEAKER SERIES**

"Applying Non Violence Communication (NVC) as a Conflict Mediation Tool for Street Educators in Manila, the Philippines" By Chanchhaya Chhom

> Friday, January 20, 2017, 2:00pm Location: SRI CONTEMPORARY ART GALLERY Building H, National Institute of Education Instruction language: Khmer

The Documentation Center of Cambodia's Contemporary Art Gallery is pleased to announce the eighteenth event in its speaker series, "Applying Non Violence Communication (NVC) as a Conflict Mediation Tool for Street Educators in Manila, the Philippines," by Chanchhaya Chhom. Students as well as the general public are welcome to attend this event.

We are living in a world that violence somehow have been accepted as part of our way of life. We tend to enjoy fighting movie or war movie with violent scene, and incline to blame someone when he/she does thing that is not responding to our needs. Violence is defined not just a mere absence of physical harm or abuses to anybody. In a more subtle view, Dr. M. Rosenberg defined violence that "Violence in any forms is a tragic expression of our unmet needs". It can manifest itself through verbal forms and we tend to act or speak in a way that can cause pain to someone when we are disconnected ourselves from our compassionate nature; or when our hearts are full of hatred of any forms. From this very practical definition, Dr. Rosenberg found the way to uproot the causes of violence and the way to heal the pain of violence in our daily relationship through the practice that bases on the understanding, honestly expressing ourselves using through positive languages and empathically listening to each other. As Mahatma Gandhi said "Nonviolence ...seat is in the heart, and it must be an inseparable part of our being". Therefore, to practice nonviolence, we ought to first be reconnected with our heart to understand ourselves and act compassionately toward others through the practice of nonviolence communication. Dr. Marshall Rosenberg realized the importance and the effect of nonviolence communication in building peace in the world through improving our everyday relationship at the personal level. He, then, developed the Nonviolence Communication as a very simple model that can be applied for both transforming our daily existence and for healing the conflict. He started coaching the NVC in the 1960s, and became the founder of the Center for Non Violence Communication (CNVC) in 1984. Since then, the NVC lessons and practices have been reaching out to many other parts of the world. It is also formally recognized by UNESCO as one among the 14th most effective Non Violence Education methods. This NVC method had been also a topic discussed and practiced among groups of the University for Peace's students, and was used by groups of graduate students in Ateneo de Manila University in the field project implementation for street educators to handle and prevent conflicts among street children in Manila, the Philippines. With its simplicity and in-depth insight, wording out the NVC would definitely and hopefully contribute to peace building at least at an interpersonal level.

Chanchhaya Chhom, MA degree in Responsible Management and Sustainable Economic Development from the United Nations Mandated University for Peace, Costa Rica; and MA in Political Science, major in Global Politics from Ateneo de Manila University, the Philippines. Specialization: Vipassana meditation Practice, and Buddhist Philosophy.

## FOR MORE INFORMATION, PLEASE CONTACT:

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"...a society cannot know itself if it does not have an accurate memory of its own history." Men Pechet, Curator SRI CONTEMPORARY ART GALLERY The Documentation Center of Cambodia t: +855 23 214 009

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